Fort Gymnastics Club Monthly Newsletter

# The Cartwheel CHRONICLES October 2024



#### **OCTOBER UPDATES**

Hello FGC Families, we are entering the Thanksgiving and Halloween Season. We hope you all have a wonderful thanksgiving with your families and be sure to save room for a piece of pumpkin pie!

We hope everyone has had an amazing time in their recreational programs and if you have any questions you can speak to your coach or stop by the office. Parents week is October 15-21st for the Recreational families.

On October 24-30th Gymnasts can dress up in their Halloween costume for Gymnastics!

We are participating in the Trunk or Treat this year at 100th avenue in Downtown Fort Saskatchewan on October 26, 2024 between 1-3pm

## **COMPETITIVE NEWS**

Wow! One full month of Competitive and Pre-Competitive gymnastics just flew by! So many hardworking gymnasts have put so much time and effort into practicing their skills and reaching new heights. Our Competitive Coaches are so proud of all of you!

On October 19th we will be having our team building exercise for the Competitive and Precompetitive gymnasts at the corn maze. More information will be sent by email to the parents and in Teamsnap.



#### Important Dates

October 19th- Corn maze team building session for Pre-competitve and Competitve

October 12-14- Thanksgiving (Closed)

October 31st- Halloween (Closed)

## FUNDRAISING

Our Fundraising is still in full swing at FGC. Little Caesars ended on October 6th. Orders will be available to be picked up the week of October 21st. Official dates and times will be sent by email. We made over \$2900 to go towards new equipment towards the gym! We will be having other fundraising opportunities in the coming weeks. Stay tuned!

We don't want to rush Jack Frost but why not be prepared and get some Bear Tracks ice melt today. We are currently selling our buckets for \$30.



We still have Cym Gear left. Come check it out we still have shorts and Leotards! Sizes range from XXS-Teen Medium. So many fun patterns and prints. Stop by the office and I can help you!

### WINTER REGISTRATION



Winter registration begins December 1st at 10am for all of our Recreational Programs. You can register on our website. We offer a variety of programs:

> Parent and Tot Tiny Tot Tot Jr. Rec Rec 1/2 Rec 3/4 Rec 5+ Boys Rec Homeschool Rec





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